



# 2019 WINTER/SPRING EVENING SWIM LESSONS

Muskogee Swim & Fitness Center offers swim lessons year around. The swim program consists of six levels, each level teaching water safety and skill development. The first four levels focus on basic swimming skills. The next two levels build on these skills as well as endurance and technique. An evaluation is given at the completion of each level. PM Sessions are held on Tuesday & Thursday evening for four weeks. **Classes could be altered or cancelled due to enrollment.**

All Classes are held at Muskogee Swim & Fitness Center – 566 N. 6<sup>th</sup> Street (918) 684-6304.

**Cost is \$45 per enrollment** (See back for descriptions of skill levels)

**Please choose from the following session dates & times for ages up to 16:**

### Tuesdays & Thursdays

**PM SESSION 1: February 5th – 28th**

Parent Toddler, Aqua Tot, Tadpole 5:45pm - 6:15pm  
Guppy, Minnow, Trout & Striper 6:15pm - 6:45pm

**PM SESSION 2: March 5th – April 4th, excluding March 19 & 21**

Parent Toddler, Aqua Tot, Tadpole 5:45pm - 6:15pm  
Guppy, Minnow, Trout & Striper 6:15pm - 6:45pm

**PM SESSION 3: April 2nd – May 2nd**

Parent Toddler, Aqua Tot, Tadpole 5:45pm - 6:15pm  
Guppy, Minnow, Trout & Striper 6:15pm - 6:45pm

#### Parent/Toddler:

This class is offered for parent and child (age 6 months to 2 years of age). The beginning class focuses on water orientation. Parents learn basic skills to teach swimming and safe behavior around the water.

#### Private Swim Lessons:

Recommended for all ages and skill levels. The individual instruction costs \$20 for a 30min swim lesson or \$30 per hour long lesson. Six-packs are available at discounted rates: \$108 for six 30 minute or \$162 for six of the hour long lessons. See the front desk for separate enrollment form and instructor information.

*SWIM TEAM IS AVAILABLE FOR AGES 6-16 YEARS ASK FRONT DESK FOR MORE DETAILS*

### **2018 Swim Lesson Enrollment Form:**

**Levels** Parent Toddler, Aqua Tot or Tadpole 5:45pm - 6:15pm  
Guppy, Minnow, Trout & Striper- 6:15pm - 6:45pm

**PM SESSION 1: February 5th – 28<sup>th</sup> PM SESSION 2: March 5th – April 4<sup>th</sup> PM SESSION 3: April 2nd – May 2nd**

PLEASE PRINT

Swimmer's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Phone #: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Session: \_\_\_\_\_ Level: \_\_\_\_\_ Time: \_\_\_\_\_

Parent Name: \_\_\_\_\_ Date: \_\_\_\_\_

Please make checks payable to: Muskogee Swim & Fitness Center. Check request refunds are only available prior to the class start date.

Cost: \$45.00 per person/per session Paid: Cash/Check/CC Payment Date: \_\_\_\_\_ Receipt # \_\_\_\_\_ Staff IN \_\_\_\_\_

*\*Front Desk Staff – Don't forget to log this enrollment into the Swim Lesson Binder!*